Davis's Nursing Skills Videos
Table of Contents

Universal Steps for All Procedures
Universal Steps for All Procedures: Before Performing the Procedure
Universal Steps for All Procedures: When Performing & Evaluating the Procedure

Measuring Vital Signs
Taking an Axillary Temperature*
Taking an Oral Temperature
Taking a Rectal Temperature*
Taking a Temporal Artery Temperature*
Taking a Tympanic Membrane Temperature*
Assessing Peripheral Pulses
Assessing the Apical Pulse
Assessing for an Apical-Radial Pulse Deficit*
Assessing Respirations*
Measuring Blood Pressure*

Health Assessment
Brief Bedside Assessment

Promoting Asepsis and Preventing Infection
Hand Hygiene: Using Soap and Water+
Hand Hygiene: Using Alcohol-Based Handrubs+
Donning Personal Protective Equipment (PPE)+
Removing Personal Protective Equipment (PPE)*+
Surgical Handwashing: Brushless System+
Sterile Gown and Gloves (Closed Method)* +
Sterile Gloves (Open Method) +
Setting Up a Sterile Field – Sterile Packaged Equipment*+
Setting Up a Sterile Field – Sterile Fabric- or Paper-Wrapped Sterile Package+
Setting Up a Sterile Field – Sterile Drape+
Adding Supplies to a Sterile Field – Sterile Packaged Equipment+
Adding Supplies to a Sterile Field – Fabric- or Paper-Wrapped Sterile Package+
Adding Supplies to a Sterile Field – Sterile Drape+
Adding Sterile Solutions to a Sterile Field – Sterile Packaged Equipment+
Adding Sterile Solutions to a Sterile Field – Fabric- or Paper-Wrapped Sterile Package+
Adding Sterile Solutions to a Sterile Field – Sterile Drape+

Promoting Safety
Using Bed and Chair Monitoring Devices
Using Restraints: Belt Restraint
Using Restraints: Mitt Restraint
Using Restraints: Vest Restraint
Using Restraints: Wrist/Ankle Restraint

Facilitating Hygiene

Bathing: Providing a Complete Bed Bath Using a Prepackaged Bathing Product
Providing Perineal Care
Providing Foot Care
Brushing and Flossing the Teeth*
Providing Denture Care*
Providing Oral Care for an Unconscious Patient
Making an Occupied Bed*

Administering Medications
Medication Guidelines: Steps to Follow for All Medications (Regardless of Route)
Administering Oral Medications: Tablet or Capsule*+
Administering Oral Medications: Sublingual
Administering Oral Medications: Buccal
Administering Oral Medications: Liquid Medications
Administering Medication Through an Enteral Tube*
Administering Ophthalmic Medication
Administering Otic Medication*
Administering Nasal Medication*
Inserting a Rectal Suppository*
Applying Transdermal Medication*
Administering Metered Dose Inhaler (MDI) Medication*
Drawing Up Medication from Ampules*
Drawing Up Medication from Vials
Mixing Medication from Two Vials*
Mixing Medications from One Ampule and One Vial
Administering Intradermal Medication*
Administering Subcutaneous Medication*
Locating the Ventrogluteal Site*
Locating the Deltoid Site*
Locating the Vastus Lateralis Site*
Intramuscular Injection: Traditional Method*+
Intramuscular Injection: Z-Track Method*+
Administering IV Push Medications Through a Primary IV Line*
Administering IV Push Medications Through an Intermittent Device (IV Lock) When No Extension Tubing Is Attached to the Venous Access Device*
Administering IV Push Medications Through an Intermittent Device with IV Extension Tubing*
Using a Volume-Control Administration Set
Using a Piggyback Administration Set with a Gravity Infusion
Using a Piggyback Administration Set with an Infusion Pump
Administering Medication Through a Central Venous Access Device*

Nutrition
Checking Fingerstick (Capillary) Blood Glucose Levels*
Inserting Nasogastric and Nasoenteric Tubes*
Administering Feedings Through Gastric and Enteric Tubes with Infusion Pump*
Administering Feedings Through Gastric and Enteric Tubes Using an Open-System Syringe*
Managing Gastric Suction: Initial Equipment Set-Up
Managing Gastric Suction: Emptying the Suction Container

Managing Gastric Suction: Irrigating the Nasogastric Tubing*
Removing a Nasogastric or Nasoenteric Tube

Urinary Elimination
Measuring Urine Output from a Bedpan or Urinal
Measuring Urine from an Indwelling Catheter
Measuring Post-Void Residual Urine Volume (PVR) with a Portable Bladder Scanner*
Obtaining a Sterile Urine Specimen from a Catheter*
Intermittent Urinary Catheterization*
Indwelling Urinary Catheterization*
Applying an External (Condom) Catheter*
Removing an Indwelling Catheter*
Intermittent Bladder Irrigation: Three-Way (Triple-Lumen) Indwelling Catheter*
Intermittent Bladder Irrigation: Two-Way Indwelling Catheter*
Continuous Bladder Irrigation*

Bowel Elimination
Placing a Bedpan*
Removing a Bedpan*
Administering a Cleansing Enema*
Changing an Ostomy Appliance*
Irrigating a Colostomy
Applying an External Fecal Collection System

Pain
Setting Up and Managing Patient-Controlled Analgesia by Pump*

Physical Activity and Mobility
Moving a Patient Up in Bed
Moving a Patient Up in Bed Using a Mechanical Lifting Device
Turning a Patient in Bed*
Logrolling a Patient
Transferring a Patient from Bed to Stretcher*
Dangling a Patient at the Side of the Bed
Transferring a Patient from Bed to Chair*
Assisting with Ambulation (One Nurse)*
Assisting with Ambulation (Two Nurses)*
Performing Passive Range-of-Motion Exercises

Skin Integrity and Wound Healing
Obtaining a Wound Culture by Swab*
Removing and Applying Dry Dressings*
Removing and Applying Wet-to-Damp Dressings*
Open-Pore Reticulated Polyurethane Foam Therapy (i.e., Vacuum-Assisted Closure [V.A.C.])*
Applying a Hydrating Dressing (Hydrocolloid or Hydrogel)
Placing Skin Closures*
Applying Bandages*
Shortening a Wound Drain*

Emptying a Closed-Wound Drainage System

Oxygenation
Administering Oxygen
Performing Tracheostomy Care Using Sterile Technique*
Performing Endotracheal Suctioning (Open System)*
Performing Tracheostomy Suctioning (Inline Closed System)
Performing Upper Airway Suctioning: Oropharyngeal
Disposable Chest Drainage Systems: Setting Up
Disposable Chest Drainage Systems: Connecting & Dressing*

Fluids, Electrolytes, and Acid-Base Balance
Initiating a Peripheral Intravenous Infusion*+
Regulating the IV Flow Rate*
Setting Up and Using Volume-Control Pumps*
Changing the IV Solution
Changing the IV Administration Tubing and Solution*
Peripheral IV Dressings*
Central Line Dressings*
PICC Line Dressings
Converting a Primary Line to a Peripheral IV Lock*
Discontinuing a Peripheral IV
Administering Blood and Blood Products*
Managing a Transfusion Reaction*
Assisting With Percutaneous Central Venous Catheter Placement*

Perioperative Care
Teaching a Patient to Deep Breathe and Cough*
Teaching a Patient to Move in Bed
Teaching Leg Exercises*
Applying Antiembolism Stockings*
Applying Sequential Compression Devices*

Key
* denotes videos with “What If” content
+ denotes updated videos for 2022-2023